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63/1 (SEM-6) DSE4/EDNHE6046

2024

EDUCATION

Paper : EDNHE6046

(Abnormal Psychology)

Full Marks : 80

Pass Marks : 32

Time : Three hours

The figures in the margin indicate full marks for the questions.

1. Choose the correct option of **any six** of the following : 1×6=6

(a) Abnormal behaviour is

(i) Any behaviour that deviates from what is considered normal behaviour

(ii) Normal behaviour

(iii) Social behaviour

(iv) Acceptable behaviour

- (b) Misconception about mental illness is that it makes people
- (i) Violent
 - (ii) Dangerous
 - (iii) Can't function in society
 - (iv) All of the above
- (c) The process of adapting to your environmental conditions is called
- (i) Behaviour
 - (ii) Adjustment
 - (iii) Abnormality
 - (iv) Normal behaviour
- (d) Frustration originates from
- (i) Feelings of happiness
 - (ii) Feelings of dizziness
 - (iii) Feelings of uncertainty
 - (iv) Feelings of emptiness

- (e) Good mental health helps us to
- (i) Become anti-social
 - (ii) Become violent
 - (iii) Become healthy
 - (iv) Deal with difficulties
- (f) Mental deficiency is
- (i) Lack at moral development
 - (ii) Lack of social development
 - (iii) Lack of mental development
 - (iv) Lack of emotional development
- (g) Anxiety is the feeling of
- (i) Fear
 - (ii) Dread
 - (iii) Uneasiness
 - (iv) All of the above
- (h) _____ is when a person fears a situation due to worries about others judging them.
- (i) Social phobia
 - (ii) Specific phobia
 - (iii) Agoraphobia
 - (iv) None of the above

(i) Psychoanalysis deals with

(i) conscious mind

(ii) unconscious mind

(iii) physical disorder

(iv) All of the above

(j) _____ is necessary when someone feel depressed, anxious or angry for a long time.

(i) Therapy

(ii) Treatment

(iii) Psychotherapy

(iv) None of the above

2. Answer **any five** of the following in brief :

2×5=10

(a) What do you mean by abnormality ?

(b) What is hysteria ?

(c) Write *two* problems of personal adjustment.

(d) What do you mean by mental health ?

(e) Write *two* causes of frustration.

(f) Write briefly about mental treatment during hospitalization.

(g) Write about manic depressive psychosis.

3. Answer **any six** of the following :

5×6=30

(a) Write the causes of abnormal behaviour.

(b) Write about the aims of mental health and hygiene.

(c) What are the differences between psychosis and psychoneurosis ?

(d) Write a note on phobias.

(e) Explain *any five* symptoms of frustration.

(f) Write about antisocial activity.

(g) Write the characteristics of a mentally healthy person.

(h) Write a note on obsessive compulsive neurosis.

- (i) Write the nature and characteristics of conflict.
- (j) Why is the knowledge of mental hygiene important? Explain.

4. Answer **any two** of the following :

10×2=20

- (a) What do you mean by mental deficiency? Explain the causes of mental deficiency. 4+6=10
- (b) What is adjustment? How can we improve our personal adjustment capacity? 2+8=10
- (c) Write about psychoanalysis. What are the characteristics of psychoneurosis? 4+6=10
- (d) Write about the misconceptions of abnormal behaviour.

5. Answer **any one** of the following : 14

- (a) Why is hygiene important in mental health? Write about the ways to improve mental health. 7+7=14
- (b) Define conflict. Explain the types of conflict with appropriate examples. 6+8=14

- (c) Define abnormal behaviour. Explain about various types of abnormal behaviour. 6+8=14